



Tonasket Elementary

Focused on Learning and Linking Learning to Life.

35 ES Hwy 20, Tonasket, WA 98855
Phone: 509-486-4933 Fax: 509-486-2164
www.tonasket.wednet.edu

Dear TES Families,

December 15, 2023

Season's Greetings to you! These past few weeks have been full of fun activities for our students and staff.

Over the past few weeks, students had an opportunity to showcase their knowledge by participating in our grade-level Spelling Bees. Winners from each grade level will compete in our school wide Spelling Bee in January.

We were so thankful for the support of our community in helping us provide gifts for our giving tree. With your help, we were able to provide gifts for one hundred thirty kids in our school community.

As we look forward to our return to school in January, we will be focusing on re-establishing routines and reminding students of our schoolwide ROAR expectations. These expectations will be explicitly taught to students in all areas of the school.

We will also begin our schoolwide Second Step theme on emotion management. In our morning announcements and through Second Step lessons in the classroom, we'll be prompting students to notice their own feelings by paying attention to clues in their bodies, and we'll be reminding them to use their Second Step skills to calm down:

- Stop—Use your signal
- Name your feeling
- Calm down: Breathe, count, use positive self-talk

These skills help students calm down strong emotions when faced with learning and social challenges, which helps them succeed academically and get along well with others.

In closing, I want to encourage you to save the date for our next **First Friday Coffee at 8:45 AM on January 5th**. This is a time to meet with me and discuss questions, suggestions, or concerns you may have. I appreciate feedback from parents and always enjoy the conversation.

I wish you a wonderful holiday season filled with family and friends!

Warmly,
Mrs. Martin

PTO News

We hope you had a happy and safe Holiday season.



We are so excited to have Missoula Children's Theatre back this year! They will be performing Treasure Island. Auditions will take place March 18th, 2024.

It's time to gear up for our Annual Fund Run! This year's Fund Run will kick off on March 29th! If you have a business, know a business or just want to sponsor, send us an email or give us a call! A \$50 dollar sponsor gets your name on the Fund Run banner and a \$300 dollar sponsor gets your name on the banner AND the Fund Run T-shirts! Students will begin collecting personal donations at the kickoff! Help us make this year's Fund Run even more successful than last year!

Thank you families for all your support of our PTO! Join us on the Third Thursday of each month at 6:00pm for our PTO meetings and if you'd like to volunteer for any of the events coming up, let us know!



Happy New Year! It is my hope that all students and families were able to spend some time together over winter break and get some rest. I know my own kids have certainly become worn out from the hustle and bustle of school and life and will be playing catch-up on rest. I want to say a HUGE Thank You to our community and local businesses who helped support the giving tree. It is always a joy to see the community come together to meet the needs of others in the holiday seasons.

January is the beginning of the countdown until summer. As the counselor I will be working on several things in the next month including small groups, teaching the Riding the Waves curriculum to our 5th graders before they go on to middle school, and continuing the bully-prevention curriculum that I teach every Wednesday. When working with students I focus on short-term and solution-focused approaches to help students quickly resolve conflict and learn coping and calming-down strategies.

I thought that this month would be a great time to talk to you about the importance of Social Emotional Learning (SEL). What is Social Emotional Learning? It is an educational idea that helps us build and acquire skills beyond the core subjects of math, reading, writing and science. In school it is there to help kids recognize their feelings, build trusting and strong relationships, learn how to understand and communicate with others, and make good, empathetic decisions. Tonasket Elementary School uses Second-Step for our SEL curriculum. There are many benefits beyond the above things listed for why it is important for our kids to have access to social emotional learning. Did you know that studies have shown that students who gain SEL skills actually improve in other areas of core academics as well? Second-Step teaches calming down strategies, problem-solving skills, and empathy. For best practice and for best results it is important that Second-Step is taught continuously and the language is developed in all platforms (classroom, specialists, recess, etc.). I encourage you as a parent/guardian to check out Second-Step online as they also have some great resources for home.

As always if you have any needs, questions or concerns please feel free to reach out and contact me via email or phone. I truly love working with the Tonasket Elementary Students and want to support them and you any way that I can.

Sincerely,
Cayla Monroe-Sellers
cmonroe-sellers@tonasket.wednet.edu

Counselors

Corner

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
Christmas Break – No School			First Day Back to School		First Friday Coffee 8:40am Early Release 1:45pm	
7	8	9	10	11	12 Early Release 1:45pm	13
14	15 MLK Jr. Day – No School	16	17	18 Schoolwide Spelling Bee 9am PTO Mtg. 6pm	19 Early Release 1:45pm	20
21	22 Mid Year Day – No School	23	24	25	26 Early Release 1:45pm	27
28	29	30	31			

Dates to Remember

Jan. 1st - 2nd No School – Winter Break

Jan. 3rd First Day Back to School

Jan. 5th First Friday Coffee 8:40am

Jan. 5th Early Release 1:45pm

Jan. 12th Early Release 1:45pm

Jan. 15th No School MLK Day

Jan. 18th Schoolwide Spelling Bee

Jan. 18th PTO Mtg. 6pm

Jan. 19th Early Release 1:45pm

Jan. 22nd No School – Mid-Year Day

Jan. 26th Early Release 1:45pm

Anoten en sus Calendarios

1-2 de Enero - Vacaciones de invierno – no escuela

3 de Enero Todos de regreso a la Escuela

5 de Enero Primer viernes Café 8:40-9:05am

5 de Enero Salida Temprana 1:45pm

12 de Enero Salida Temprana 1:45pm

15 de Enero No escuela – día de Martín Luther King Jr.

18 de Enero Concurso de Ortografía

18 de Enero Junta de PTO 6pm

19 de Enero Salida Temprana 1:45pm

22 de Enero – No escuela - mitad del año

26 de Enero Salida Temprana 1:45pm

EXCITED FOR SPELLING!!!

Last month students in first through fifth grade participated in a spelling bee. Everyone worked hard and there were some close matches!!! Below are the top two students for each grade level. They will participate in the school spelling bee January 18th. The top two students from that spelling bee will compete in the regional spelling bee held in Wenatchee later this spring!

Grade 1: Mason Colbert and Phillip Burse

Grade 2: Ethan Dworsack and Jamie McReynolds

Grade 3: Domenic Zamora and Emmet Erickson

Grade 4: Estefania Reynoso and G.G. Shay

Grade 5: Kendyl Leslie and Aidan Fardys



Migrant News

We want to remind you that the month of January is your time to enjoy the warmth of home in the company of your family. However, on February 21st at 6:00 p.m. in the elementary commons, we have a meeting scheduled with valuable information to help you start the year with renewed enthusiasm.

With much appreciation, the Migrant Program team wishes you happy holidays and a year filled with health and unforgettable moments. May you begin the year with great goals for your well-being and that of your loved ones.



The Migrant Program Team

