



Tonasket Elementary

Focused on Learning and Linking Learning to Life.

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Dear Families,

November 28, 2023

As we approach the holiday season, I am thankful for our supportive community and the involvement of families in the education process. Once again, we had a great turnout for parent-teacher conferences. We strive to build strong parent-teacher partnerships, and appreciate the encouragement and support you provide at home.

It is hard to believe that we have come to the end of the first trimester already. Over the next couple of weeks, teachers will be compiling data for **report cards**, which will be going home with students during the **week of December 8th**.

Last week we held our annual food drive. Thanks to your generosity, we were able to provide food for the Thanksgiving holiday for families in our community! Thanks so much for your contributions.

As we look towards the month of December, I hope you will be able to join me for **First Friday Coffee** on **December 1st at 8:45 AM**. It is always nice to connect with parents and get feedback on ways that we can better meet the needs of our families.

As you can see, the next few weeks will be busy indeed. It is my hope that during this busy time, you have the opportunity to spend quality time with family and friends. As always, please do not hesitate to call, email or visit to address any questions or concerns you may have.

Warmly,
Lilly Martin

****A friendly reminder as the weather continues to grow colder to please make sure your student is dressed for the weather. We also encourage you to put your child's name on their coat and winter gear to help minimize lost items.****

Note from the Nurse:



Parents of younger age kids-Please send a **change of clothes in their backpacks**. Accidents happen at school but we have a very limited amount of extra clothes, especially in smaller sizes. You may be asked to bring clothes in if your student has an accident and we don't have extras here. We would gladly accept donations of leggings or sweats for boys and girls size 6-8.

PTO News : Thank you to everyone who came out to the PTO's Turkey Bingo and Movie night! A HUGE thank you to Principal Martin for calling the bingo. Congratulations to big winners Hank Acord and JR Meehan who both won turkeys!

The PTO Meeting this month will be earlier than usual, and at a new meeting place. Come join us on **Thursday, December 14th at 6 PM at the Iron Grill**. We will be discussing what's upcoming for 2024.

Wishing everyone safe and happy holidays.



“What good is the warmth of summer without the cold of winter to give it sweetness” - John Steinbeck

Happy Winter!

I hope that everyone is coming back from a restful and enjoyable Thanksgiving holiday. Thank you to everyone who helped with the District Wide Food Drive. We met and then exceeded our goal! The community support we receive is so impactful. November was a busy month and our students have been working hard. We just finished the second lesson in our Bully Prevention Curriculum and have been discussing the three R's (Recognize, Refuse, Report) to stop bullying. To recognize bullying we have to know that it is hurting bodies or feelings, it has happened more than one time, and that it is one-sided. We always ask students to first refuse the bullying by asking the other person to stop in an assertive voice. If after that the behavior does not stop then we want them to come report to an adult.

Holidays can be an exciting joyful time, but for some the holidays are hard. It might remind you of a loved one no longer with you, financial strain through the holidays, or the shuffling of plans and homes. Kids can also feel this stress. With cloudy days, cold weather and the above mentioned things you may see a change in your child's behavior and mood. There might be increased tantrums, or your child may seem more withdrawn or moody. Sometimes this is also true for adults. So what can we do to help our kids if they are experiencing a harder time?

- Create structure. Have a nighttime routine, set limits on screen time.
- Share the calendar or schedule. If you have a kid who is splitting time between two homes, let them know what that looks like over break and holidays.
- Set time aside for them. It could be as simple as reading a story together, watching a movie, playing cards, or having them help you in the kitchen.
- Create a positive behavior chart. (This cannot only extinguish unwanted behaviors, but also increase self-esteem).
- Talk to them - ask how they are doing, acknowledge their feelings without judgment, dismissal or question. (Sometimes allowing them to feel heard is all they really need).

If you have questions, concerns or need extra support please feel free to reach out to me.

To conclude, I am now working on a giving tree for families who might be in need of some extra support. If you are a family in need and did not fill out a form at conferences, please give me a call no later than December 5th. Thank you again for all of your support.

Sincerely,
Cayla Monroe-Sellers
cmonroe-sellers@tonasket.wednet.edu

Counselors

Corner



Migrant News



Migrant Program Health Fair: A Triumph of Community Wellness!

Kudos to everyone who made the Migrant Program Health Fair a smashing success! ✨ Your enthusiasm and participation made it a vibrant celebration of community wellness.

Huge thanks to the families who attended, seizing the opportunity to access valuable resources and prioritize their health. Your commitment to well-being shines bright!

A special shout-out to the incredible individuals who worked behind the scenes to set up this fantastic event. Your hard work didn't go unnoticed, and we appreciate your dedication.

🦋 As we embrace the holiday spirit, we wish you joy, health, and happiness! ✨ May the knowledge gained at the health fair carry you into a thriving new year.

Until next year, happy holidays, and here's to more exciting community initiatives on the horizon!



EXCITED FOR SPELLING!!!

Tonasket elementary students are once again taking part in the Scripps National Spelling Bee! The TES bee is open to all students in grades 1-5. Teachers have already held their classroom spelling competitions which determined the top two spellers in each classroom. We will hold grade level bees in the pods which will determine the top two spellers at each grade level. Please find the schedule for those grade level bees below. The top two spellers from each grade will then move on to the elementary school bee to be held in January. Our top two elementary school spellers will move on to the regional spelling bee held in Wenatchee. Please note: the regional bee is only open to spellers in grades 4-8.

Both our grade level and school wide bees will be held according to the Scripps Spelling Bee rules. Please visit their website at spellingbee.com for a complete list of these rules.

Grade Level Bee Schedule

- 1st Grade: Thursday, December 14th 10:00am
- 2nd Grade: Tuesday, December 12th at 12:00pm
- 3rd Grade: Tuesday, December 12th at 1:05pm
- 4th Grade: Wednesday, December 13th at 8:45am
- 5th Grade: Tuesday, December 12th at 2:00pm



Elementary School 486-4933

Middle School 486-2147

High School 486-2161

District Office 486-2126

Bus Garage 486-2665

December/Diciembre 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 First Friday Coffee 8:40am Early Release 1:45pm	2
3	4	5	6	7	8 Early Release 1:45pm Report Cards Sent Home	9
10	11	12 GR 2, 3, 5 Spelling Bees	13 GR 4 Spelling Bee	14 GR 1 Spelling Bee PTO Mtg. 6pm @ Iron Grill	15 Early Release 1:45pm	16
17	18	19 Early Release 1:45pm	20	21	22	23
			Christmas Break – No School			
24	25 Christmas	26	27	28	29	30
		Christmas Break – No School				
31 New Year's Eve	1 Christmas Break – No School	2	3 First Day Back To School	4	5	6

Dates to Remember

Dec. 1st First Friday Coffee 8:45am

Dec. 1st Early Release 1:45pm

Dec. 8th Report Cards Sent Home

Dec. 12th GR 2, 3, 5 Spelling Bees

Dec. 13th GR 4 Spelling Bee

Dec. 14th GR1 Spelling Bee

Dec. 14th PTO Meeting 6pm

Dec. 19th Early Release 1:45pm

Dec. 20th -Jan. 2nd Winter Vacation – No School

Jan. 3rd First Day Back To School

Anoten en sus Calendarios

1 de diciembre Primer viernes de café

1 de diciembre Salida Temprana 1:45 pm

8 de diciembre Boletas de calificaciones se envían

12 de diciembre Concurso de ortografía de 2.º, 3.º y 5.º grado

13 de diciembre Concurso de Ortografía 4.º grado

14 de diciembre Concurso de Ortografía 1.º grado

14 de diciembre Junta de PTO 6pm

19 de diciembre salida Temprana 1:45pm

20 de diciembre-2 de enero vacaciones de invierno

3 de enero primer día de regreso a la escuela

Have a wonderful Break!!!

¡Que tengas un maravilloso descanso!