



Tonasket Elementary

Focused on Learning and Linking Learning to Life.

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Dear TES Families,

February 28, 2023

It is hard to believe we are already at the end of February! I know students and staff alike are looking forward to the month of March with hopes of warmer weather just around the corner.

This week we'll be celebrating Read Across America and our collective love of reading. On March 2nd we'll have a schoolwide pajama day in celebration of Dr. Seuss's birthday!

I'd like to give a shout out to our fourth and fifth grade *Math is Cool* teams. Over the past week, the fifth grade team traveled to Wenatchee to compete with other schools from across our region. We are very proud of how our students represented our school, and thankful for the hard work of their coaches, Mr. Olson and Mr. Lepley, for making this opportunity available to our students. Fourth grade students will be competing March 17th.

As we near the end of our second trimester, teachers have been working on assessments for report cards. These will be sent home on March 24th.

I also want to make you aware that there will be **no school on March 24th** to provide an opportunity for teachers to conference with parents if there are concerns or issues that need to be discussed. Your child's teacher will contact you to schedule a conference if they feel it is necessary. You are also welcome to contact your child's teacher to schedule a conference if you have concerns you would like to discuss.

PLEASE NOTE: Elementary students WILL BE attending school on Thursday, March 23rd. This is different than Middle & High school students, who will not have school on both Thursday and Friday for family conferences.

Finally, please join me for **First Friday Coffee at 8:45 AM** this Friday, **March 3rd**. I truly enjoy this time to visit with parents, and often walk away with great ideas for the betterment of our school.

As always, if you have questions, suggestions, or concerns, please do not hesitate to stop by and visit, call me at (509) 486-4933 or contact me by email at lmartin@tonasket.wednet.edu.

Warmly,

Lilly Martin



Scholastic Book Fair – March 20th–24th

It's Happening! The Scholastic Book Fair is almost here. Get ready to spring into a good book! Everyone's favorite characters and series, cool posters, and all of the awesome stuff that your student(s) need to help them create their own story, are coming to the Elementary Library from March 20th through March 24th 8am–4pm. If you would rather shop the online fair you can go to www.scholastic.com/bf.tes. The online fair will be open March 13th–26th. We're so excited for the best week of the year! Catch you at the Fair! If you are interested in volunteering at the fair please give us a call – 486-4933.



“March winds bring April showers which bring May flowers” this is the rhyme I always think of when we get to March. The winter months can be challenging with seasonal depression, the cold and not being able to be outside as much, etc. March for whatever reason tends to be a harder month on our kids mentally. National studies show that suicide rates increase in the spring months (April and May). Our suicidal ideation (reports of thinking about) rate for our students at the elementary level has increased almost 1% since last year at this time to about 2% of our student population at the elementary school and is 3.5% of our students at the 3rd, 4th and 5th grade level. Checking on your kids at home can be as simple as asking “Are you okay?” There is a really good website... <https://www.ruok.org.au/> that can walk you through how to talk to your kid if you have concerns. A few years ago I also created a virtual parent presentation for parents; here are the links if you are interested...

<https://youtu.be/PLGk9nmDLUM> (English) or <https://youtu.be/jwOkhu7n0mQ> (Spanish)

Please know that if your student has reported these feelings at school, then I have done a screening and contacted you as a parent. However, not all kids report these feelings when they are having them so I want to encourage you to have a conversation with your child at home and as always you can reach out to me for support if you have questions or concerns or would like help speaking with your student.

At the 5th grade level we are currently starting our Riding the Waves curriculum which teaches students strategies on how to handle stress as they get older and move on to middle school. We are also only a month away from Run Club. Run Club is a school-wide activity that is organized by myself, staff and lots of parent volunteers. Students will have the opportunity to run at recess and earn prizes for miles at different milestones that they reach. Exercise is one of the best ways to increase positive feelings in one-self. If you are a parent interested in helping volunteer for this activity please reach out to the front office and let them know or send me an email. In conclusion, I am looking forward to seeing students reach their goals this year through running. Please feel free to reach out with any questions or concerns.

Sincerely,
Cayla Monroe-Sellers
TES Counselor
cmonroe-sellers@tonasket.wednet.edu

Counselors

Corner

PTO News

Hello Families!

We want to shout out to our students for their amazing performance of "The Little Mermaid," during our Missoula Children's Theatre! Great Job!! And thank you to the families for showing up and supporting them! We had such a wonderful turn out and can't wait to see what our kids can do next year! Join our Facebook page for updates on when this will be scheduled!

This year's Annual Fund Run will kickoff on March 31st! If you have a business, know a business or just want to sponsor, send us an email or give us a call! A \$50 dollar sponsor gets your name on the Fund Run banner and a \$300 dollar sponsor gets your name on the banner AND the Fund Run T-shirts! Students will begin collecting personal donations at the kickoff! Help us make this year's Fund Run even more successful than last year! Please email us if you would like to volunteer for any of the fun events coming up! You choose which you'd like to show up and help at, no commitment necessary!

It's official: Pacific Science Center will be here May 19!

Thank you families for all your support of our PTO! Join us on the Third Thursday of each month at 6:00pm for our PTO meetings and if you'd like to volunteer for any of the events coming up, let us know!

Calling All Volunteers



Spring brings many opportunities for helping out at the school. If you are interested in volunteers in any of the below capacities please contact the school office.



Book Fair Help – We need volunteers to help set up and take down the book fair March 17th and 24th. The bookfair will be open March 20th -24th. Also, we need 3 volunteers throughout each day during the fair, helping run the cash register, monitor kids and keep the books stocked as they come in. Time slots are 7:45am-10:30am, 10:30am-1:00pm, 1:00-4:00pm.

Run Club Volunteers – Run club will start up after spring break and will run April 10th-May 26th minus Wednesdays. It would be ideal to have a total of 4 volunteers for EACH playground each day. The K/1 playground time would be 11:30am-12:45pm and the Track area (for GR2-5) would be from 11:15am-12:45pm. We need volunteers to punch the tickets and also spread out around the running location to help ensure kids are doing what they are supposed to be doing. If you are interested in committing to a day a week that would be awesome!

PTO Fund Run and Reward Activities – The PTO Fund Run will be held April 28th. They will need help during the fund run and with the reward activities that will be held on Mondays in May.



Parent Teacher Conferences are March 24th for the elementary students. Teachers will be reaching out to parents for setting up conferences. If you are wanting to have a conference with your child's teacher please contact them directly.

THERE IS SCHOOL FOR ELEMENTARY STUDENTS MARCH 23RD!

Elementary School 486-4933

Middle School 486-2147

High School 486-2161

District Office 486-2126

Bus Garage 486-2665

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Read Across America Day	3 First Friday Coffee 8:45am	4
5	6	7 End of Trimester 2	8 Early Release 12:25pm	9	10	11
12 Daylight Savings Spring Forward	13	14	15	16	17	18
	Classified Appreciation Week					
	Online Bookfair Open		Migrant Meeting 6pm	PTO Mtg. 6pm	GR4 Math Is Cool Competition	
19	20	21	22 Early Release 12:25pm	23 ES Kids in School	24 Parent Teacher Conferences No School	25
	Scholastic Book Fair 8am-4pm					
26 Last Day of Online Bookfair	27	28 Eagle Track Raceway	29	30	31 Fund Run Packets Sent Home	

Dates to Remember

March 2nd Read Across America Day
 March 3rd First Friday Coffee
 March 7th End of Trimester 2
 March 8th Early Release 12:25pm
 March 12th Daylight Savings – Spring Forward
 March 13th-17th Classified Appreciation Week
 March 13th-26th Online Book Fair Open
 March 15th Migrant Meeting 6pm
 March 16th PTO Meeting 6pm
 March 17th GR4 Math is Cool Competition
 March 20th-24th Scholastic Book Fair 8am-4pm
 March 22nd Early Release 12:25pm
 March 23rd ES in school – MS/HS has conferences
 March 23rd Report cards sent home
 March 24th Parent Teacher Conferences – no school
 March 28th Eagle Track Raceway
 March 31st Fund Run Packets Sent Home
 April 3rd-7th Spring Break – no school

Anoten en sus Calendarios

2 de marzo Leer el día de Estados Unidos
 3 de marzo Primer viernes Café 8:40-9:05am
 7 de marzo Final del trimestre de 2
 8 de marzo Salida Temprana 12:25pm
 12 de marzo Cambio de tiempo
 13-17 de marzo Semana de Apreciación clasificada
 13-26 de marzo Estará abierta la Feria del libro en línea
 15 de marzo Reunión Mensual Para Padres
 16 de marzo Junta de PTO 6pm
 17 de marzo Competencia de Las Matemáticas son Geniales
 20-24 de marzo Feria Escolar de Libros 8:00am—4pm
 22 de marzo Salida Temprana 12:25pm
 22 de marzo Conferencias en MS y HS
 23 de marzo Boletas de calificaciones se envían
 24 de marzo las conferencias - No Escuela
 28 de marzo Espectáculo de Carreras de Pista
 31 de marzo Paquetes para Recaudación de Fondos
 3-7 de abril Vacaciones de Primavera

Migrant Monthly Meeting

March 15 @ 6:00pm

Elementary School Commons

In our next Migrant Monthly Meeting we will benefit from the Knowledge of Susan Hinger who will talk to us about the development of anxiety and depression in recent times and how these factors (anxiety and depression) lead to the use of toxic substances (vaping, alcohol, drugs). We will have professional advice and resource recommendations or suggestions available in the geographic area.

Read Across America Day is March 2nd!

Don't forget to wear your appropriate pajamas and bring a good book!



Two reminders for parents:

1. The Silverwood Read to Ride reading log is due back no later than March 24th. Here is a link to the parent newsletter that went home: https://drive.google.com/file/d/1k_k4p0ynuIK00bNg0DG5egn0qb9ieiZK/view?usp=share_link
2. Author Sarah Reijonen will visit with all grade K-2 students on Read America Day. Here is a link to the order form for her books (https://drive.google.com/file/d/1QagacXfK8Pyl-AQPj0AnUVeC4xyVYoj2/view?usp=share_link) or for ordering the books online (<https://www.tinytradesmen.com/books>). Book orders are due to the library on March 1st by 3:00 PM.

Daylight Savings March 12th – Don't forget to turn your clocks ahead!

