



# Tonasket Elementary

**Focused on Learning and Linking Learning to Life.**

35 ES Hwy 20, Tonasket, WA 98855  
Phone: 509-486-4933 Fax: 509-486-2164  
[www.tonasket.wednet.edu](http://www.tonasket.wednet.edu)

Dear TES Families,

December 20, 2022

Season's Greetings to you! These past few weeks have been full of fun activities for our students and staff.

Over the past few weeks, students had an opportunity to showcase their knowledge by participating in our grade-level Spelling Bees. Ila Hall, one of our fifth grade teachers, facilitated the competition. Winners from each grade level will compete in our school wide Spelling Bee in January.

As a schoolwide reward for completing our Path to Success, we celebrated with a sing-along assembly and a movie during lunch on December 16th. The sing along was led by our music teacher, Jan Farnsworth, with help from students in Cub Chorus.

As we look forward to our return to school in January, we will be focusing on re-establishing routines and reminding students of our schoolwide ROAR expectations. These expectations will be explicitly taught to students in all areas of the school.

We will also begin our schoolwide Second Step theme on emotion management. In our morning announcements and through Second Step lessons in the classroom, we'll be prompting students to notice their own feelings by paying attention to clues in their bodies, and we'll be reminding them to use their Second Step skills to calm down:

- Stop—Use your signal
- Name your feeling
- Calm down: Breathe, count, use positive self-talk

These skills help students calm down strong emotions when faced with learning and social challenges, which helps them succeed academically and get along well with others.

In closing, I want to encourage you to save the date for our next **First Friday Coffee at 8:45 AM on January 6th**. This is a time to meet with me and discuss questions, suggestions, or concerns you may have. I appreciate feedback from parents and always enjoy the conversation.

I wish you a wonderful holiday season filled with family and friends!

Warmly,  
Mrs. Martin



**Missoula Children's Theatre** will be presenting **The Little Mermaid** on Saturday, February 4th.

**Auditions will be held Monday, January 30th from 3:30-5:30 pm in the Tonasket High School Commons.** Students, ages 5-18, are encouraged to audition. No advance preparation is necessary. Roles to be cast include Merfolk, Town Criers, Starfish, Seasiders, King, Queen

and Prince. Assistant Directors will also be cast to aid in rehearsals throughout the week and to take on essential backstage responsibilities.

Those auditioning should arrive at 3:30 PM and plan to stay for the full two hours. There is no guarantee that everyone who auditions will be cast in the play. Some cast members will be asked to stay for a rehearsal immediately following the auditions. Students will need to commit to rehearsals every night that week (Jan 30th - Feb 3rd), M-F, from 3:30-8:00 pm, along with 2 performances on Saturday, Feb 4th. Not all parts will practice during every rehearsal time. Please contact Ashley Fardys at 322-3650 for more information.



Happy New Year! It is my hope that all students and families were able to spend some time together over winter break and get some rest. I know my own kids have certainly become worn out from the hustle and bustle of school and life and will be playing catch-up on rest. I want to say a HUGE Thank You to our community and local businesses who helped support the giving tree. It is always a joy to see the community come together to meet the needs of others in the holiday seasons.

January is the beginning of the countdown until summer. As the counselor I will be working on several things in the next month including small groups, teaching the Riding the Waves curriculum to our 5th graders before they go on to middle school, and continuing the bully-prevention curriculum that I teach every Wednesday. When working with students I focus on short-term and solution-focused approaches to help students quickly resolve conflict and learn coping and calming-down strategies.

I thought that this month would be a great time to talk to you about the importance of Social Emotional Learning (SEL). What is Social Emotional Learning? It is an educational idea that helps us build and acquire skills beyond the core subjects of math, reading, writing and science. In school it is there to help kids recognize their feelings, build trusting and strong relationships, learn how to understand and communicate with others, and make good, empathetic decisions. Tonasket Elementary School uses Second-Step for our SEL curriculum. There are many benefits beyond the above things listed for why it is important for our kids to have access to social emotional learning. Did you know that studies have shown that students who gain SEL skills actually improve in other areas of core academics as well? Second-Step teaches calming down strategies, problem-solving skills, and empathy. For best practice and for best results it is important that Second-Step is taught continuously and the language is developed in all platforms (classroom, specialists, recess, etc.). I encourage you as a parent/guardian to check out Second-Step online as they also have some great resources for home.

As always if you have any needs, questions or concerns please feel free to reach out and contact me via email or phone. I truly love working with the Tonasket Elementary Students and want to support them and you any way that I can.

Sincerely,  
Cayla Monroe-Sellers  
[cmunroe-sellers@tonasket.wednet.edu](mailto:cmunroe-sellers@tonasket.wednet.edu)

**Counselors**

**Corner**

# January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 First Day Back to School	5	6 First Friday Coffee 8:45am	7
8	9	10	11 Early Release 12:25pm	12	13	14
15	16 MLK Day – No School	17	18 Migrant Meeting 6pm	19 PTO Mtg. 6pm	20	21
22	23	24	25 Early Release 12:25pm School Wide Spelling Bee	26	27 Mid-Year Day No School	28
29	30 MCT Auditions 3-5pm	31	1	2	3	4 MTC Performance 1pm & 4pm
Missoula Children's Theater Practice 3:30pm-8pm at HS.						

## Dates to Remember

Jan. 2nd-3rd No School – Winter Break

Jan. 4th First Day Back to School

Jan. 6th First Friday Coffee 8:40am

Jan. 11th Early Release 12:25pm

Jan. 16th No School MLK Day

Jan. 18th Pac Meeting 6pm

Jan. 19th PTO Mtg. 6pm

Jan. 25th Early Release 12:25pm

Jan. 25th Schoolwide Spelling Bee

School – Mid-Year Day

Jan. 30th Missoula Children's Theatre auditions 3-5pm

Jan. 31st-Feb. 3rd MCT Practice 3:30pm-8pm @ HS

Feb. 4th MCT Presentation 1pm & 4pm

## Anoten en sus Calendarios

2-3 de Enero - Vacaciones de invierno – no escuela

4 de Enero Todos de regreso a la Escuela

6 de Enero Primer viernes Café 8:40-9:05am

11 de Enero Salida Temprana 12:25pm

16 de Enero No escuela – día de Martín Luther King Jr.

18 de Enero Reunión Mensual Para Padres 6pm

19 de Enero Junta de PTO 6pm

25 de Enero Salida Temprana 12:25pm

25 de Enero Concurso de Ortografía Jan. 27th No

27 de Enero – No escuela - mitad del año

30 de Enero audiciones para el teatro Missoula 3-5pm

31-3 de Febrero práctica para el MCT 3:30-8pm @ HS

1 de Febrero La representación de "MCT" 1pm & 4pm

## EXCITED FOR SPELLING!!!

Last month students in first through fifth grade participated in a spelling bee. Everyone worked hard and there were some close matches!!! Below are the top two students for each grade level. They will participate in the school spelling bee January 25th. The top two students from that spelling bee will compete in the regional spelling bee held in Wenatchee later this spring!



Grade 1: Molly Gardinier and Raul Cosino

Grade 3: Mikeyla Urapo and Alex Cosino

Grade 5: Amari Davenport and Teagan Stucker

Grade 2: Audrey Kirkelie and Fay Silverthorn

Grade 4: Aidan Fardys and Emily Hannah



## Note from the Nurse:

Handwashing! Handwashing! Handwashing!

Please encourage hand hygiene with your kids for school and home.

Parents of younger age kids-Please send a change of clothes in their backpacks. Accidents happen at school but we have a very limited amount of extra clothes, especially in smaller sizes. You may be asked to bring clothes in if your student has an accident and we don't have extras here.

We do not have enough clothes to give out for weather related outfit changes. Save yourself a trip to the school and send proper snow gear.

## **Migrant News**

Happy back to school!

The new year 2023 begins! However, in 20 business days the school will reach the middle of the school year. It is very important to contact your child's teachers if you have any questions about their homework, grades, or attendance. Together, the parents and us, the school staff, have the same goal this New Year. May they be very successful academically as well as personally. We hope that this school year is full of books and new teachings. Parents will sow values, wisdom, love and curiosity.

Teachers will sow knowledge and students will reap the fruits of success.

Come to our monthly migrant meetings every 3rd Wednesday at 6:00pm

We are waiting for you this January 18 at 6:00 pm.

May this light year be illuminated with a lot of positive force!

## **PTO News**

Welcome to the new year! We are excited for Missoula Children's Theater that will be here at the end of the month! Come join us for our monthly meeting, January 19<sup>th</sup> at 6pm.

We recently received our Amazon smile donation and earned \$353.40 from shoppers who chose us as their charity! Thank you - every little bit helps!