

# **Tonasket Elementary**

### Focused on Learning and Linking Learning to Life.

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Dear TES Families,

January 28, 2022

With half of the school year behind us now, we are in the midst of a very busy time of year. Students have been hard at work completing NWEA testing in both reading and mathematics, as well as one-on-one reading assessments with their teacher over the past couple of weeks. It is great to see the growth students are making! This is a testament to the hard work of both our students and staff. The information gathered from these assessments will be utilized to help identify student needs and plan future instruction.

Students have also been doing a great job at meeting our new schoolwide ROAR expectations. Already we have had many classrooms fill their Tiger paw containers! When all classrooms have filled their container, we will have a schoolwide celebration.

There are many reasons to celebrate in the coming month. Jump Rope for Heart, our annual fundraiser to benefit the Heart Foundation will kick off on Monday, January 31st. We will be celebrating the **One** Hundredth Day of School on the 8th, and Valentine's Day on the 14th. I am also pleased to announce that Math is Cool will return for another year. This is a program that provides an opportunity for 4th and 5th graders to work on advanced mathematics and compete in a regional tournament this spring.

As you can see, February is filled with learning opportunities to meet a variety of interests for our students. I know this will be a great month of learning and look forward to seeing students showcase their talents and abilities in the coming month.

Please join me for our Next Tiger Talk Friday on February 11th. This is a time to meet with me and discuss questions, suggestions, or concerns you may have. I appreciate feedback from parents and always enjoy the conversation. I'll be hosting two sessions; a Spanish session at 8:00 am and an English session at 8:45 am. Joining information is below:

**English Session**: 8:45 AM - 9:15 AM go to <u>meet.google.com/rpf-xcuc-nqe</u> To join by phone, call 1 336-515-0869 and enter PIN#: 426 565 195#

As always, if you have questions, suggestions, or concerns, please do not hesitate to stop by and visit, call me at (509) 486-4933 or contact me by email at Imartin@tonasket.wednet.edu.

Warmly, Lilly Martin



Dear Families –The American Heart Association's Kids Heart Challenge program is kicking off on Monday, January 31<sup>st</sup>! To get ready, help your child sign up by downloading the FREE Kids Heart Challenge App for <u>Apple</u> or <u>Android</u> or visit <u>Tonasket Elementary Kids Heart Challenge.</u> Your child will choose their heart healthy challenge to *Be Active or Be Kind* and earn a FREE wristband for registering online. They will also be recognized during our kickoff video in front of the WHOLE school!! Start raising life-saving donations now to earn your KHC Explorers!

#### <u>We're going on a road trip! Meet your KHC Explorers and GET</u> <u>STARTED TODAY!</u>

#### SPECIAL SCHOOL INCENTIVES:

Top student gets to be the PE teacher and earns a gift from Mrs. Massart! Top class per grade level gets FREE choice PE! Any student who raises \$40 will pick a gift from the treasure chest!

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Greetings! And Happy 2nd Month of the New Year!

As I have mentioned before, time just seems to go too fast. Because I didn't write a January Newsletter, I wanted to go back to December and say thank you to all of those who supported the Giving Tree, and/or donated gifts for kids. It is always a blessing and so amazing to see our community come together to help those in need. We are back into the swing of things with school and our kids are doing and learning great things!

I have been teaching bully-prevention in the classrooms and we are currently discussing the impact of bystanders and the power they have to choose to do the right thing and report, refuse or support someone who they see or know of who might be getting bullied. The definition that we teach students to help them recognize bullying - is someone who hurts feelings or bodies, someone who does it more than once, and that it is one-sided. We call a two-sided event a conflict. The students are doing a great job and I am so proud of them.

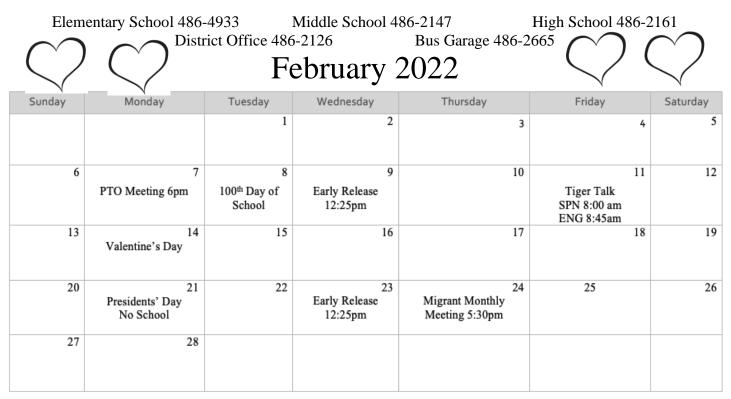
In the 4th and 5th grade we will soon begin to talk about cyber-bullying. I would like to encourage all families to have a conversation with any of their kids on internet/cyber safety (this includes texting, gaming, snapchat, etc.). We have seen a rise in the use of technology and while that can be a great thing, it can also cause a lot of problems. Cyber-bullying can have as much if not more of an impact on mental health then in-person bullying can. Students are encouraged to report to an adult or someone they feel safe talking to if they know about Cyber-bullying. I like to tell my kids that stranger-danger exists even on the web. Having a conversation with your student about not sharing personal information (address, town they live in, phone number, last-names, etc.); not sending pictures that they would not want their mom, dad, sisters or brothers to see; and not saying things they would not say in person will help to protect them and their families.

To conclude, I hope you have a wonderful February and possibly enjoy some "warmer" days. Please feel free to contact me if you have any concerns, questions, or needs.

Sincerely, Cayla Monroe-Sellers



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## **Dates to Remember**

Feb. 1<sup>st</sup>-11<sup>th</sup> Jump Rope for Heart Feb. 7<sup>th</sup> PTO Meeting 6pm Feb. 8<sup>th</sup> 100<sup>th</sup> Day of School Feb. 9<sup>th</sup> Early Release 12:25pm Feb. 11<sup>th</sup> Tiger Talk 8:45am Feb. 14<sup>th</sup> Valentine's Day Parties Feb. 21<sup>st</sup> Presidents' Day- No School Feb. 23<sup>rd</sup> Early Release 12:25pm Feb. 24<sup>th</sup> Monthly Migrant Meeting 5:30pm

# Anoten en sus Calendarios

- 1-11 de Febrero Saltar la cuerda por un corazón
- 7 de Febrero Junta de PTO 6pm
- 8 de Febrero Día 100 de la escuela
- 9 de Febrero Salida Temprana 12:25pm
- 11 de Febrero charla de tigres 8:00am
- 14 de Febrero Celebración del Día de la Amistad
- 21 de Febrero No Escuela- el día de los presidentes
- 23 de Febrero Salida Temprana 12:25pm
- 24 de Febrero Reunión Mensual Para Padres 5:30pm

## **Migrant News**

The month of January has come to an end, the month of hopes, but we have had a great start to the year 2022. On January 20 we had our monthly virtual Migrant meeting, where many resources that are available in our community were presented. If you missed it and are interested in information about resources in our community please contact the school with: Lourdes Gonzalez, Maribel Pio, Tyler Graves or the GREAT Martha Wisdom.

Our next virtual migrant meeting will be February 24 at 5:30pm. Stay tuned, the material that will be used for our next meeting will be delivered to your home somehow. It will be a super fun activity for the whole family! We hope to see you virtually in this month of love and friendship, together as a great migrant family!!

# ★★★★PTO NEWS★★★★

Hello Families! The PTO has been busy collecting sponsors for our first, and hopefully annual Fund Run coming in April! If you own a business and would like to sponsor the event in return for advertisement, please contact the PTO at <u>Tonasket.pto@tonasket.wednet.edu</u> by February 7th. We are looking to make this our only PTO fundraiser each year! It's a great opportunity to bring back some of the amazing enrichment opportunities and activities that our students deserve! Be on the look out for more information and as always, if you are interested in volunteering for prize days or activities and not necessarily commit to anything, please reach out to the PTO! Our next meeting is February 7th and all are welcome!