



Tonasket Elementary

Focused on Learning and Linking Learning to Life.

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Dear TES Families,

It is hard to believe we are already at the end of February! I know students and staff alike are looking forward to the month of March with hopes of warmer weather just around the corner.

As we near the end of our second trimester, it is time to plan for any changes you'd like to make in your child's learning model. If you are currently enrolled in the Flexible Model (in person 2 days per week and remote 3 days per week) and would like to switch to our fully remote Tonasket Online Academy (TOA), or if you are currently enrolled in TOA and would like to transition to our in-person Flexible learning model, now is the time to make that change. **Please contact the Elementary school office no later than Friday, March 5th to request this change.**

We have a variety of ways for families to get involved this month, beginning with our virtual **First Friday Coffee** at 8:45 AM on March 5th. I truly enjoy this time to visit with parents, and often end our meeting with great ideas for the betterment of our school. Here is the link to join:

English Session: 8:45 AM, go to meet.google.com/gbm-yqny-zwc To join by phone, call +1 929-238-0130 and enter PIN: 309 120 977#

The first full week in March will also be an opportunity for us to celebrate **Dr. Seuss's birthday** and our collective love of reading. We will culminate our celebration with a pajama & reading day on Thursday, March 4th for students in the blue cohort, and Friday, March 5th for students in the gold cohort.

Our **Parent-Teacher conferences** are scheduled for March 18th and 19th. In the coming week, your child's teacher will be in contact with you to schedule a day/time to meet and discuss your child's progress in school.

We are also excited to announce that we will be hosting a **Scholastic Book Fair** at school this spring! The book fair will run from March 18th through April 3rd. Be on the lookout for more details coming soon.

As always, if you have questions, suggestions, or concerns, please do not hesitate to stop by and visit, call me at (509) 486-4933 or contact me by email at lmartin@tonasket.wednet.edu.

Warmly,
Mrs. Martin

Notes from Our School Psychologist

So anyway.....

I believe that things are starting to look up. Our COVID numbers are dropping like mad, I was able to go outside for more than three minutes without getting hypothermia and may have even seen what looked like the sun over the weekend. Guess we might just make it.

So last month I shared about the importance of self-care. Just need to touch base on that once again because it is such an important topic. Especially as the weather starts to cut us some slack; what a great time to enjoy a few outside activities with the family. Do what you will, but please be mindful that the last year has been historically difficult on many levels. Let's take the time to be kind to ourselves and all those around us.

On a separate note, let's talk about the dragon. For those of you who don't know, Mrs. Huckaby has a dragon named Sunny. Over the weekend we did some habitat tidying and I, Mr. let's just get this done, put his favorite rock back in the wrong place. This did not go over well with said reptile, who spent the day sharing his displeasure, especially with me.

Changes or transitions can be difficult. No matter how trivial or seemingly positive they may appear, to some it may be stressful. While I liked where I put the rock, Sunny was not impressed. And who's rock is it anyway.

I share this because at some point, we will be transitioning back to a more traditional school model as well as life in general. While everyone may seem super excited about the return to normalcy, please don't be surprised if there is some apprehension along the way. This may be especially true for younger kids who have gotten used to being at home way more than usual. The idea of being away from parents / caregivers and back at school may seem both foreign and daunting. There could even be a twinge of discomfort for some parents.

It is far easier for us to associate stress with caustic or unwanted events and always seeing it as negative. Tis not the case. A psychologist (of course) named Hans Seyle gave us the term Eustress. In short, this means stress that is good for us. Example: going on vacation or say, going about without a mask on. In both cases, while it may feel uncomfortable at first, it is in the long run to our advantage.

And just like when going on vacation, planning and working some details out in advance can make all the difference. It may be of help to our families if we review changes or transitions in advance; making sure everyone has a clear idea of what things are going to look like.

It goes without saying (I hope) that if you have specific concerns about your child, family and or upcoming transitions, please feel free to contact either Ms. Monroe-Sellers or myself. We are at all times happy to help.

For what it's worth, I really do feel that better times are just ahead. I know how difficult this last year has been on everyone. Speaking only for myself, I will be celebrating this spring like no other.

Be well, kiss your kids and please let us know if we can help.

Jim Huckaby / School Psychologist
Cayla Monroe-Sellers, Elementary School Counselor.



Read Across America Day

Come excited for a day of reading activities in your Pajamas, March 4th and 5th! Please remember to wear appropriate clothes and shoes for the classroom and RECESS! Students will also enjoy a special Dr. Seuss treat and get a gift bag from the PTO.

Elementary School 486-4933

Middle School 486-2147

High School 486-2161



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 GR5 Math Is Cool Competition	4 Dr. Seuss PJ Day	5 First Friday Coffee 8:00am & 8:45am Dr. Seuss PJ Day Deadline for switching programs	6
7	8	9	10 Early Release 12:25pm	11	12	13
Classified Appreciation Week						
End of the Trimester						
14 Daylight Savings -Spring Forward	15	16	17 St. Patrick's Day	18 No School Parent Teacher Conferences 11:00am-6:45pm	19 No School Parent Teacher Conferences 8:45am-3:45pm	20
Scholastic Book Fair						
21	22	23	24	25	26	27
Scholastic Book Fair 8:30am-3:30pm, Wednesday and Saturday Open to the Public						
Early Release 12:25pm						
28	29	30	31			
Scholastic Book Fair 8:30am-3:30pm, Wednesday and Saturday Open to the Public						

Dates to Remember

- March 1st-5th Read Across America Week
- March 5th Deadline for Switching Programs
- March 5th First Friday Coffee 8:00am & 8:40am
- March 8th-12th Classified Appreciation Week
- March 9th End of the Trimester
- March 10th Early Release 12:25pm
- March 14th Daylight Savings – Spring Forward
- March 18-19th No School Parent Teacher Conferences
- March 24th Early Release 12:25pm
- March 18th-April 3rd Scholastic Book Fair 8:30am-3:30pm
- April 5th-9th Spring Break- No School

Anoten en sus Calendarios

- 1-5 de Marzo Leer Toda la Semana de Estados Unidos
- 5 de Marzo
- 5 de Marzo Primer Viernes Café 8:00 & 8:40am
- 8-12 de Marzo Semana de Apreciacion clasificada
- 9 de Marzo
- 10 de Marzo Salida Temprana 12:25pm
- 14 de Marzo Cambio de tiempo
- 18-19 de Marzo No escuela – los conferencias
- 24 de Marzo Salida Temprana 12:25pm
- 18 de Marzo a 3 de April Feria Escolar de Libros 8:30—3:30
- 5-9 de Abril Vacaciones de Primavera

★★★★PTO NEWS★★★★

Read Across America Week is coming up soon and in celebration of the week, we have little gift bags for each student filled with Dr. Seuss things! Hybrid students will receive their bags on March 4th & 5th during their Dr. Seuss Day reading celebration. TOA students can swing by the office to get their gift bag!

The Scholastic Book Fair is Coming!!!

We have received permission to have our Spring Book Fair! There are a few changes that I would like to make you aware of. The fair will be held March 18th - April 3rd and will be set up in the Elementary School commons/lunchroom. On regular school days students will go to the library on their scheduled day, do their books check out and then spend the rest of the time in the book fair. They will be allowed to purchase books and create a wish list during this time. On Wednesdays and Saturdays we will be open for families and TOA students. I will have the fair outside behind the library, weather permitting. Families can park in the front and walk around the building. We will continue to follow all safety guidelines. Masks, hand sanitizer and temperature checks will be required. For times and dates, please refer to the following calendar. Our online book fair will also be available March 17th - 30th. You can view our homepage here: <https://www.scholastic.com/bf/tonasketelementaryschool1> For any further questions or to volunteer, please contact the school at 486-4933.

Debbie Green
Scholastic Book Fair chairman

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				18 Open During Parent/Teacher Conferences	19 Open During Parent/Teacher Conferences	20
21	22 Open 8:30-3:30 For Blue Students Only	23 Open 8:30-3:30 For Gold Students Only	24 Open 8:30- 3:30 for TOA Students and Families	25 Open 8:30- 3:30 For Blue Students Only	26 Open 8:30- 3:30 For Gold Students Only	27 Open 8:30-3:30 For TOA Students and Families
28	29 Open 8:30-3:30 For Blue Students Only	30 Open 8:30-3:30 For Gold Students Only	31 Open 8:30- 3:30 for TOA Students and Families	1 Open 8:30- 3:30 For Blue Students Only	2 Open 8:30- 3:30 For Gold Students Only	3 Open 8:30-3:30 For TOA Students and Families

Vision/Hearing Screenings

Vision screening was completed earlier this year for preschool, k-5 & 7th grade per WA state law. We are fortunate to have a SPOT vision screener which allows us to perform vision screening while adhering to CDC guidelines. Referrals have all been mailed home if your student did not pass the screening. As our screening is a basic school screening- please contact your medical provider if you have vision concerns for your student.

Hearing screens this year will look a bit different. Unfortunately hearing screening equipment does not adhere to CDC guidelines for social distancing. Current recommendations are to test students of concern, such as teacher referrals. If you are concerned or you think your student may need to have his/her hearing checked please contact your medical provider.

If your student is an online learner and you wish to make an appointment to have his/her vision tested please email me directly jwehmeyer@tonasket.wednet.edu

News from the Migrant Program

With 5 months in advance and extended to one month!

Did you know that every July 22nd World Brain Day is celebrated?

The brain is the core of our life. This organ allows us to feel, think, imagine, move, learn to speak and many other things. We need it to perform any action from the simplest to the most complicated task!

During the month of February we had the opportunity to attend the Migrant Meetings with Minerva Pardo and now for March the Math Night awaits us! Mathematics is essential for the intellectual development of children and indeed for our daily lives.

So join us:

Date: March 11 from 7:00pm to 8:00pm

We will be learning about ways we can help our children learn math through playing games and having fun!! Please contact Martha or Maribel to add your name to the list of families that will be attending this meeting and we will send you a package with all the supplies you need to participate in the games that will be taught!! 509-486-4933 or 509-486-2147

To join by computer:

1. Go to zoom.us
2. Press "join a meeting" in the upper right corner
3. Enter the meeting ID: 941 780 5960 Access Code: 12345
4. Click "open zoom.us" or "start meeting "
5. You are now in the meeting

To join by phone:

1. Download the zoom app from the app store
2. Open the app and join a meeting - Meeting
3. ID: 941 780 5960 Passcode: 12345
4. Enter your name and press "got it"
5. Already in the meeting

Please remember that EVERYONE IS WELCOME, it is not necessary to belong to the Migrate Program to attend these meetings.